

# Help Employees—Wherever They Are—By Offering Web-based Stress Management Program

## Stress Management for Employees

These ten tips with over a hundred ideas and exercises in an online program will help your stressed employees deal with common struggles and issues that threaten their health and your organization. And each section includes encouragement for employees to call the EAP.

With this one-of-a-kind tool, you will help those who may never seek help on their own. You'll reduce the incidence of mood, conduct, and attitude problems, and you'll demonstrate that the EAP (and the company that hired you) cares about employees. No one gets left out or left behind with your EAP.

### Ten Stress Management Tips for Employees

- ✓ Help employees and increase EAP referrals
- ✓ Add a cutting-edge service for employees
- ✓ Add value and worth to your EAP
- ✓ Stay competitive and improve EAP integration
- ✓ Help at-risk employees who never call the EAP
- ✓ Increase your EAP's loss prevention capability
- ✓ Make help with stress available 24 hours a day

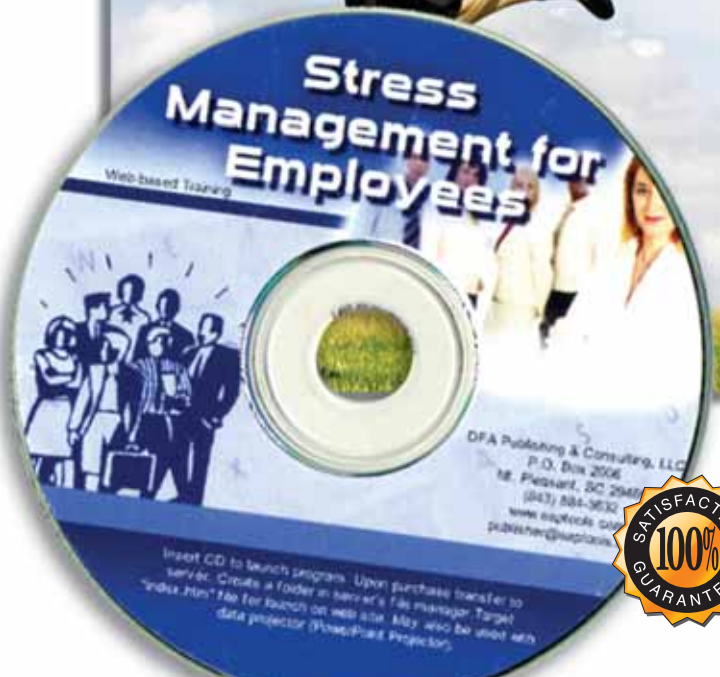
When you purchase the program (or request a free preview), we will happily place your company's logo on the front page before sending it to you, and we will match colors from your Web site so the training program appears seamless. When you slip the CD into your computer, it simulates running exactly as it does on your Web site. The CD can also be used in an LCD projector/laptop.

This program includes ten stress-test awareness questions with automatic scoring and feedback, along with a Certificate of Completion. Save and return buttons for interrupted training, printable pages, and more.

- ✓ Your logo, name, and colors included in the program.
- ✓ Includes ten stress-test questions with automatic scoring
- ✓ Self-launching CD, or use online with a click of the mouse\*
- ✓ Automatically generated Certificate of Completion
- ✓ Save and return buttons for interrupted training
- ✓ Professional and effective—a first for the EAP profession

*\*You must prevent world-wide Web access with a password if you put WorkExcel.com products on a Web site. Your Web master can explain how.*

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PREVIEW



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142C	PowerPoint with Sound/Animation .....	\$495
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Note: See explanation of media formats inside the front cover.

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\$695	Web Course - w/Flash Movie Files			
\$595	Flash Files - Web Site & Self-play CD (both)			
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